



WINNERS CHOICE CHAMPIONSHIPS SCORING SYSTEM

COLLEGE PREP RUBRIC CO-ED

Winners Choice College judges will award scores based on the point ranges below when skills are performed by a majority of the team with a high level of perfection. Skills performed by less than a majority of the team or with less than a high level of perfection will be awarded scores in a lower range.

PARTNER STUNTS	PYRAMIDS	TOSSES	STANDING TUMBLING	RUNNING TUMBLING
2.0-3.0 points	2.0-3.0 points	2.0-3.0 points	2.0-3.0 points	2.0-3.0 points
Beginning Stunt Skills - e.g. Shoulder stands, extensions, chair sits, etc	Beginning Pyramid Skills - 2 high, non-transitional. Pyramid structures performed at the prep level	Beginning Basket Tosses - Straight Ride Toss	Beginning Tumbling Skills - Backward rolls, backwalkovers	Beginning Tumbling Skills - Round-offs, cartwheels, etc.
3.0-4.0 points	3.0-4.0 points	3.0-4.0 points	3.0-4.0 points	3.0-4.0 points
Intermediate Stunt Skills - Extended stunts performed with minimal incorporation of inverting/twisting/unique mounts, dismounts and transitions. Prep level stunts with incorporation of inverting/twisting/unique mounts, dismounts and transitions. Transitions performed to the extended position with up to 1/2 twisting variations and landing on 2 feet. Strait up extended single legged stunts	Intermediate Pyramid Skills - 2 high pyramids incorporating minimal to no 2½ high transitions and includes minimal incorporation of braced inverting/twisting/unique mounts to prep level and dismounts. Extended two legged structures. Braced singled structures. (Twisting transitions are limited to 1/2 rotation)	Non-flipping & Non Twisting Tosses - Tosses with single trick skills. e.g. Toe Touch, Pike Open, Kick Toss, Pretty Girl, etc.	Intermediate Tumbling Skills - Standing back handspring (s)	Intermediate Tumbling Skills - Round-off back handspring.
4.0-4.5 points	4.0-5.0 points	4.0-5.0 points	4.0-5.0 points	4.0-5.0 points
Advanced Stunt Skills - Extended single legged stunts performed with multiple incorporations of inverting/twisting/unique mounts, dismounts and transitions. Transitions performed to the extended position with 1/2 twisting variations to single legged stunt.	Advanced Pyramid Skills - 2 high pyramids incorporating multiple 2½ high transitions and multiple inverting/twisting/unique mounts to extended stunt and dismounts. Non-braced single legged pyramid structures. Braced twisting transitions limited to single rotation.	Non-flipping Tosses with Single Twisting Skills - Tosses are limited to a single rotation and zero flipping rotations. e.g. Toss full twists	Advanced Tumbling Skills - Synchronized back handspring(s), Standing pass variations with multiple handsprings.	Advanced Tumbling Skills - Round-off back handspring series, specialty pass through to back handspring(s)
4,6-5.0 points	<p>"Unassisted" is defined as the stunt being supported by only one base the majority of the time the stunt is sustained overhead in one position. In addition, the base must provide primary support throughout the entire transition (i.e. a group stunt may not throw a top person to a single base and receive unassisted credit).</p>			
Advanced Stunt Skills w/Coed - Extended single legged stunts performed with multiple incorporations of inverting/twisting/unique mounts, dismounts and transitions. Transitions performed to the extended position with 1/2 twisting variations to single legged stunt. At least one section should contain a partner stunt listed below executed by stunt couples - Walk-in to hands variations, walk-in to extended stunt, toss to hands, extended unassisted stunt.				
JUMPS				
4.0 points				
Single Jumps				
4.5 points				
Double Jump				
5.0 points				
Triple jump combinations or double jump combinations and a single jump, must include a variety				

COLLEGE PREP DIVISION RESTRICTIONS

Teams competing in the College Prep division must adhere to the AACCA College safety guidelines and the following additional restrictions:

	BUILDING TECHNIQUE	TUMBLING TECHNIQUE	TUMBLING	STUNTS / PYRAMIDS	TOSSES
Range	2.5 & Below	2.5 & Below			
Low	Incomplete building sections. Multiple errors in building sections. Skills performed with improper technique causing multiple missed skills and errors throughout the routine.	Incomplete tumbling sections. Jump sections with multiple timing, rhythm, and execution issues. Multiple errors in tumbling and jump sections. Several missed skills, incomplete passes.	*Standing back tucks or other flips, and standing tumbling with back tucks or other flips are not permitted	*Release inversions into or from stunts are prohibited *Release full twists to an extended position are prohibited	*Release flips from basket/sponge tosses are prohibited
	2.5 - 4.5	2.5- 4.5			
Mid	Some missed skills. Minimal errors in building sections. Majority of skills completed and performed with proper technique. Demonstration of stability and control through out building sections	Some missed skills. Minimal errors in tumbling and jump sections. Majority of skills completed and performed with proper technique.	*Airborne flips out of running tumbling are permitted and must performed in the tucked position	*Twisting dismounts are prohibited *Twisting stunts (i.e. full ups) are limited to 1/2 twisting rotation; Full ups, one and a half (1½) ups, and double ups are prohibited	*Tosses are limited to single tricks
	4.5 - 5.0	4.5 - 5.0			
High	Little to no errors in bulding sections throughout the routine. Little to no missed skills. Demonstration of stability and control throughout building sections.	Little to no errors in tumbling and jump sections throughout the routine. Little to no missed skills. demonstrates excellent synchronization, technique, and control. Clean landings	*Twisting flips are not permitted (includes running tumbling)	*Pyramids sustained over 2 persons high are prohibited	*Twisting Tosses are limited to a single rotation and 0 tricks before or after the twist