



WINNERS CHOICE CHAMPIONSHIPS SCORING SYSTEM

COLLEGE PREP RUBRIC ALL-GIRL

Winners Choice College judges will award scores based on the point ranges below when skills are performed by a majority of the team with a high level of perfection. Skills performed by less than a majority of the team or with less than a high level of perfection will be awarded scores in a lower range.

PARTNER STUNTS	PYRAMIDS	TOSSES	STANDING TUMBLING	RUNNING TUMBLING
2.0-3.0 points	2.0-3.0 points	2.0-3.0 points	2.0-3.0 points	2.0-3.0 points
Beginning Stunt Skills - e.g. Shoulder stands, extensions, chair sits, etc	Beginning Pyramid Skills - 2 high, non-transitional. Pyramid structures performed at the prep level	Beginning Basket Tosses - Straight Ride Toss	Beginning Tumbling Skills - Backward rolls, backwalkovers	Beginning Tumbling Skills - Round-offs, cartwheels, etc.
3.0-4.0 points	3.0-4.0 points	3.0-4.0 points	3.0-4.0 points	3.0-4.0 points
Extended stunts performed with minimal incorporation of inverting/twisting/unique mounts, dismounts and transitions. Prep level stunts with incorporation of inverting/twisting/unique mounts, dismounts and transitions. Transitions performed to the extended position with up to 1/2 twisting variations and landing on 2 feet. Strait up extended single legged stunts	Intermediate Pyramid Skills - 2 high pyramids incorporating minimal to no 2½ high transitions and includes minimal incorporation of braced inverting/twisting/unique mounts to prep level and dismounts. Extended two legged structures. Braced singled structures. (Twisting transitions are limited to 1/2 rotation)	Non-flipping & Non Twisting Tosses - Tosses with single trick skills. e.g. <i>Toe Touch, Pike Open, Kick Toss, Pretty Girl</i> , etc.	Intermediate Tumbling Skills - Standing back handspring (s)	Intermediate Tumbling Skills - Round-off back handspring.
4.0-5.0 points	4.0-5.0 points	4.0-5.0 points	4.0-5.0 points	4.0-5.0 points
Extended single legged stunts performed with multiple incorporations of inverting/twisting/unique mounts, dismounts and transitions. Transitions performed to the extended position with 1/2 twisting variations to single legged stunt.	Advanced Pyramid Skills - 2 high pyramids incorporating multiple 2½ high transitions and multiple inverting/twisting/unique mounts to extended stunt and dismounts. Non-braced single legged pyramid structures. Braced twisting transitions limited to single rotation.	Non-flipping Tosses with Single Twisting Skills - Tosses are limited to a single rotation and zero flipping rotations. e.g. <i>Toss full twists</i>	Advanced Tumbling Skills - Synchronized back handspring(s), Standing pass variations with multiple handsprings.	Advanced Tumbling Skills - Round-off back handspring series, specialty pass through to back handspring(s)
JUMPS		Stunt groups are considered to be three (3) bases (including the backspot) and a top person. Those utilizing more than three bases will be rewarded in a lower range. Those utilizing less can garner reward in a higher range.		
4.0 points				
Single Jumps				
4.5 points				
Double Jump				
5.0 points				
Triple jump combinations or double jump combinations and a single jump, must include a variety				

COLLEGE PREP DIVISION RESTRICTIONS

Teams competing in the College Prep division must adhere to the AACCA College safety guidelines and the following additional restrictions:

BUILDING TECHNIQUE		TUMBLING TECHNIQUE		TUMBLING	STUNTS / PYRAMIDS	TOSSES
2.5 & Below		2.5 & Below		*Standing back tucks or other flips, and standing tumbling with back tucks or other flips are not permitted	*Release inversions into or from stunts are prohibited *Release full twists to an extended position are prohibited	*Release flips from basket/sponge tosses are prohibited
Low	<i>Incomplete building sections. Multiple errors in building sections. Skills performed with improper technique causing multiple missed skills and errors throughout the routine.</i>	<i>Incomplete tumbling sections. Jump sections with multiple timing, rhythm, and execution issues. Multiple errors in tumbling and jump sections. Several missed skills, incomplete passes.</i>				
2.5 - 4.5		2.5- 4.5				
Mid	<i>Some missed skills. Minimal errors in building sections. Majority of skills completed and performed with proper technique. Demonstration of stability and control through out building sections</i>	<i>Some missed skills. Minimal errors in tumbling and jump sections. Majority of skills completed and performed with proper technique.</i>	<i>*Airborne flips out of running tumbling are permitted and must performed in the tucked position</i>	<i>*Twisting dismounts are prohibited *Twisting stunts (i.e. full ups) are limited to 1/2 twisting rotation; Full ups, one and a half (1½) ups, and double ups are prohibited</i>	<i>*Tosses are limited to single tricks</i>	
4.5 - 5.0		4.5 - 5.0		*Twisting flips are not permitted (includes running tumbling)	*Pyramids sustained over 2 persons high are prohibited	*Twisting Tosses are limited to a single rotation and 0 tricks before or after the twist
High	<i>Little to no errors in bulding sections throughout the routine. Little to no missed skills. Demonstration of stability and control throughout building sections.</i>	<i>Little to no errors in tumbling and jump sections throughout the routine. Little to no missed skills. demonstrates excellent synchronization, technique, and control. Clean landings</i>				